

Almost Cabbage Rolls

1. 1 lb ground meat

1 small onion

1 small bell pepper

1 cup of uncooked rice

1 egg

1 can Rotel Tomatoes

1 can Tomato Sauce

Salt & pepper to taste (I add a little bit of "Slap your Mama" cajun seasoning)

2 cups water

1/2 cup oil

1 head of cabbage-chopped (I don't use the entire cabbage)

Brown ground meat with onions and bell pepper, salt, pepper & Slap Ya Mama. Mix all ingredients together and bake at 350 degrees for 1 hour; or, microwave for 30 minutes. I have baked & microwaved, both came out the same.